



Psychological Early Engagement Program

Early management of work related psychological or physical injury is so important!

Providing support to employees at the onset of poor mental health can help improve their wellbeing, work performance and productivity. Early engagement can help prevent serious psychological injury or illness and significantly reduce lost time at work, improving staff retention and organisational output.

Mental health conditions can be difficult to identify however, changes in employee behaviour or performance at work may be an indication. Such changes may include inability to concentrate, reduced participation in work activities, low motivation, poor work performance, fatigue, unplanned absences, interpersonal issues, increased errors or accidents and generally being sick and run down.

Early intervention is key! The sooner you act and start supporting your employee's psychological wellbeing and safety in the workplace, the greater your chance of a successful outcome.

- › After **20 days**, the probability you will return to work reduces to **70%***
- › At **45 days** off work, that chance is reduced to **50%***

*Royal Australasian College of Physicians' Health Benefits of Good Work

What can you do?

If you have any concerns about an employee who is displaying signs of potential mental health issues, act immediately and initiate contact with Work Rehab.

OUR PROGRAM

- Early engagement assessment including psychometric testing if required, to identify issues impacting mental health and work performance and to evaluate the requirements of the job.
- Assessment report with recommendations on how best to support the employee.
- Medical (and other) case conferencing.
- Return-to-work or recover-at-work action plans including implementation and monitoring.

Work Rehab is an accredited occupational rehabilitation provider that has been assisting Australians to return to work and be safe at work since 2011. Our consultants are allied health professionals with experience in the early management of work-related psychological conditions.

We consider every client as an individual and we provide a holistic and highly personalised approach to care and recovery.

For referrals or further information
email enquiries@workrehab.com.au

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Work Rehab
WORKING WITH YOU