



Have you been injured at work?

Recovery from injury or illness can be a difficult journey that can physically and emotionally challenge you.

A Workplace Rehabilitation Provider, like Work Rehab can significantly improve your recovery so you can return to work. Our Workplace Rehabilitation Consultants understand the complexity of workers' compensation law and the workplace, and the wide impact injury and illness can have.

DID YOU KNOW?

1. A Workplace Rehabilitation Consultant can create a plan for your return to work even while you are unable to work
2. You can choose your own Workplace Rehabilitation Provider
3. You can choose your own doctor to act as your nominated treating doctor
4. You can talk to your doctor and other health professionals about activities you can do at work or at home to assist your recovery.

Early intervention is key!

- › After **20 days**, the probability you will return to work reduces to **70%***
- › At **45 days** off work, that chance is reduced to **50%***

*Royal Australasian College of Physicians' Health Benefits of Good Work

A Workplace Rehabilitation Consultant will help you by:

- assessing your capacity for work and reviewing your activities
- working with you to regain independence
- advising about modifications to your work environment or work practices to reduce work demands
- working with your employer and your doctor to design a plan to help you recover at work
- advising about work options if you are unable to recover at work with your pre-injury employer

Your Support Team



For referrals or further information
email enquiries@workrehab.com.au

P 1300 856 440 www.workrehab.com.au

Work Rehab
WORKING WITH YOU