



Changing Lanes Job Club *will get you there!*

Employment Transition Workshops

These workshops have been specifically designed for injured workers to own their new employment path. We can provide the tools and the motivation to get there.

Changing Lanes (3 hours)

This workshop is designed for two groups of participants:

- Medically discharged officers seeking assistance with the transition to civilian life; and
- Injured workers who cannot return to their pre injury employment.
- This workshop is all about change and the benefits we can bring to post injury vocations. "Explore who you are and where you can go from here."

Taking control (3 hours)

This workshop explores transferable skills and how to make the most of pre injury experience. It provides current labour market statistics and identifies where the realistic job options are. It identifies vocational needs and enables goal setting using a SMART goal method. It explores RPL and possible conversions.

By the end of this workshop participants should have a fairly clear idea of what they need to do to achieve their vocational goals.

Making it happen (3 hours)

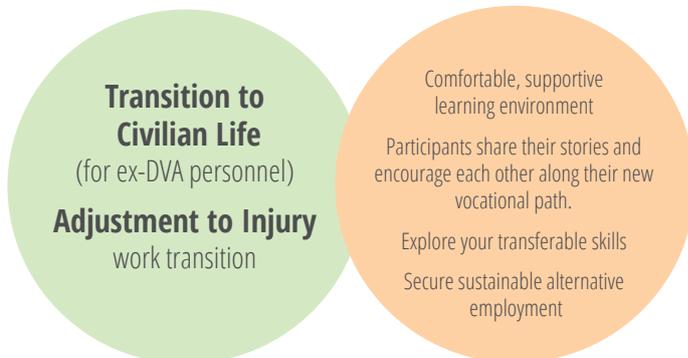
This workshop provides the tools to make it happen:

- Looking for jobs - online, cold canvassing
- Resume development - owning your resume
- Cover letter application - be heard

Journey begins (3 hours)

This workshop builds on the previous workshop and provides the final tools to secure sustainable alternative employment. It covers...

- Job application (using your resume)
- Job seeking and monitoring (organizational skills)
- Top tips for career transition
- Labour market
- Interview skills
- Injury disclosure
- Keeping the job



Work Rehab is an accredited rehabilitation provider. Our core business has been providing injury management services to injured workers and working with their treating providers to either keep them at work or assist them with the transition to new work. More recently we have found that through the combination of health professionals managing the injury management process and employment consultants providing the vocational tools to gain new employment our success rates have increased exponentially. By providing group workshops to our clients we can work collaboratively to achieve vocational goals. Participants share their stories and encourage each other along their new vocational path.